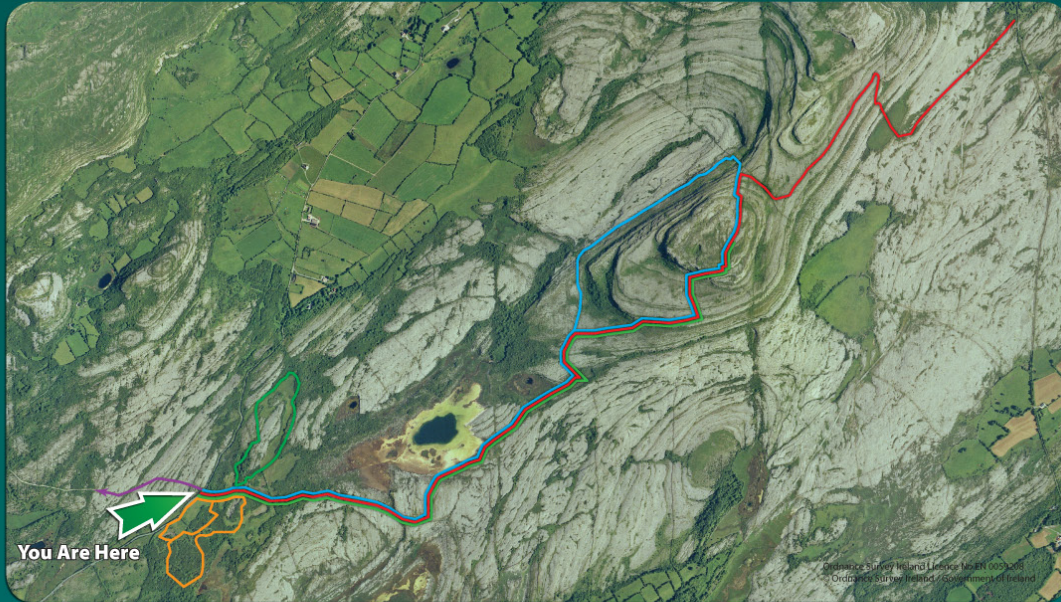


Páirc Náisiúnta Bhoirne

Burren National Park

www.npws.ie
www.burrennationalpark.ie



Important

Terrain

Uneven ground
Loose rocks
Steep ground and Cliffs
– Do Not Climb
Rocks are very slippery when wet
Use styles provided

Weather

Very changeable
Check the weather forecast
Be prepared for changing weather

Gear - recommended

Wear strong walking boots
Bring raingear & warm clothes
Map & compass recommended
Bring food and drink

These are way marked walks we recommend you stay to them. Take home all litter and food waste (including tea bags, fruit peel and biodegradable waste).

In case of accident and/or emergency please call 999 or 112 and ask for mountain rescue, police or gardai.

Sign	Route	Distance	Ascent	Time	Grade	Class	Terrain
	GREEN ROUTE <i>Mullaghmor Return</i>	6.5km	140m	2hrs45min	Very Difficult Remote/Upland	5	
	BLUE ROUTE <i>Mullaghmor Loop</i>	7.5km	140m	2hrs55min	Very Difficult Remote/Upland	5	
	RED ROUTE <i>Mullaghmor Traverse</i>	6km	140m	3hrs	Very Difficult Remote/Upland	5	
	ORANGE ROUTE <i>Knockaurroe Turlough</i>	1.3km	20m	30 min	Moderate	3	
	GREEN ARROW <i>Nature Trail</i>	1.5km	20m	40min	Moderate	3	
	YELLOW ROUTE <i>Burren Way</i>	Burren way follows the Red Route through the Burren National Park					
	LOUGH AVALLA LOOP WALK		6km	2.5 - 3hrs	Hard		



DO NOT
KNOCK WALL



DO NOT
MOVE ROCKS



DO NOT
SCARE ANIMALS



DO NOT
PICK PLANTS



TAKE LITTER
HOME



KEEP DOGS
ON LEAD



DO NOT PARK
ON ROAD VERGES



TAKE MAP AND
COMPASS WITH YOU



TAKE RAIN
GEAR AND BOOTS
WITH YOU