

## Wild Herbal Workshop

A captivating and unique Nature experience on the edge of the famous Wild Atlantic Way, guided by Lisa Guinan, a well renowned and highly knowledgeable Burren Herbalist. This experience includes:

- Time spent outdoors immersed in the heart of the Burren landscape as well as use of the modern expo room with its stunning scenic views.
- Plant medicine, foraging and folklore as it were in Old time Ireland.
- Live demonstrations on the Art of natural Medicine making – the entire process from plant to finished product.
- A Skill that can be learnt and taken home as well as notes containing key points and instructions for future use.
- Take home memento: bring the healing of the beautiful Burren into your own home with an organic Wildflower remedy made during the workshop experience.
- Light refreshments also provided

**Top Tip:** This is an English language event. A translator can be provided on location at an additional cost. Functional footwear and light rain gear advised.

**Duration:** 3 Hours

**When:** May 1st to October 10th

**Min/Max Numbers:** No Minimum – 40 Maximum

**Price:** €55 Per Person

**Location:** 2 Glenvile, Moybeg, Lahinch, Clare

**Pre-Booking:** Yes prior booking required by contacting Lisa

**E-mail:** Lishar@gmail.com

**Tel:** +353 (0) 87 753 1023

**W.** [www.irishherbalroots.ie](http://www.irishherbalroots.ie)

