

Intimate Burren Herb Walk

Lisa Guinan, a professional and well renowned Irish Herbalist guides people into the deepest parts of the Burren landscape for a timeless journey into nature, beauty and healing. She brings Irish folklore and traditional plant medicine alive through exploration of the native healing plants tucked away behind the ancient stones. Guests leave with a 30ml Wildflower healing salve, allowing them to take the healing of the beautiful Burren home with them.

- A unique Nature experience with time spent outdoors immersed in the heart of the Burren landscape.
- Off the beaten track with Spectacular views
- Guided by Lisa Guinan, a well renowned and highly knowledgeable Burren Herbalist
- A medicinal plant foraging experience and folklore as it was in Old time Ireland.
- Take home gift – 30ml Wildflower Healing Salve made from local healing herbs

Top Tip: This walk takes place on rugged ground in the Burren. It is unsuitable for those with mobility issues. Walking shoes, warm clothing and light rain gear essential.

Duration: 2 Hours

When: June 1st to September 30th - Walks take place between 9am and 4pm with prior appointment

Min/Max Numbers: No Minimum – 25 Maximum

Price: €150 flat rate plus €15 per person

Location: Burren fine wine and food, Corkscrew Hill Road, Ballyvaughan, Co. Clare

Pre-Booking: Yes prior booking required by contacting Lisa

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